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Recurrent Syncope Due to a Benign Neurogenic Tumor in the Parapharyngeal Space

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ABSTRACT

The syncope is a transient loss of consciousness due to global cerebral hypo-perfusion. There are a wide variety of etiologies, but syncope as a result of parapharyrngeal space tumor is rare. A 30-year-old woman is presenting recurrent syncope associated with black out of vision, nausea and headache. Brain magnetic resonance imaging revealed a neurogenic tumor in left parapharyngeal space with gadolinium enhancement. This is a case report of parapharyngeal space tumor as a rare cause of recurrent syncope.

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KEYWORDS

Syncope, Parapharyngeal space, Tumors

The syncope is a transient loss of consciousness with rapid onset, short duration and spontaneous recovery. The mechanism is global cerebral hypoperfusion, but the etiologies of syncope are very diverse. The most common cause is vasovagal, and the second is cardiac syncope. Carotid sinus syncope and orthostatic hypotension is rare cause of syncope in those under the age of 40 years. Especially, recurrent syncope as a result of paraphayrngeal space tumor is very rare. Here, we report a woman who presented with recurrent syncope as a result of

parapharyngeal space tumor.

Case Report

A 30-year-old woman visited our clinic with a complaint of recurrent syncope 3 months ago. Symptoms were black out of vision, nausea accompanied by headache, dyspnea and chest tightness. It happened suddenly while she was getting up. It was second attack, and first attack was 3 months ago. Her med-

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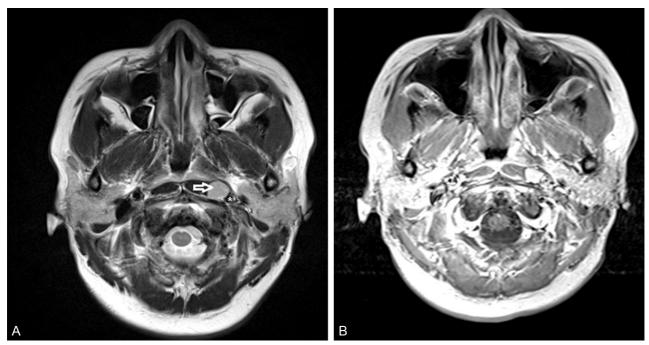


Figure 1. Her axial T2-weighted magnetic resonance (MR) image shows a well-marginated solid, cystic mass (open white arrow) in the left parapharyngeal space, about 1.3 cm sized, mildly compressed the left internal carotid artery (*) (A). Contrast-enhanced magnetic resonance imaging (MRI) was additionally performed two weeks later. Axial T1-weighted contrast-enhanced MRI shows ovoid homogenous enhancement noted in the left parapharyngeal space (B). These findings suggest benign neurogenic tumor.

ical history was unremarkable. She reported that she did not have syncope or dizziness before. She also denied previous palpitation. Her physical and neurological examinations including vital signs were normal. Her chest X-ray and laboratory test were unremarkable. Electrocardiography showed normal sinus rhythm without tachycardia.

Brain magnetic resonance imaging (MRI) revealed a well marginated round, solid, cystic mass in the left parapharyngeal space with gadolinium enhancement (Fig. 1). It was just close to the left internal carotid artery at the cervical portion. The radiologic diagnosis was a neurogenic tumor (i.e., schwannoma). The possibility of lymphadenitis was also suggested. On otolaryngology and neurosurgery consultation, observation was recommended and the surgical treatment was not considered because of its benign nature and the difficulty in approach of the mass.

After four months, the follow-up Brain MRI showed the slightly decreased size of the cystic mass (Fig. 2). During the

4-month follow-up period, there was no recurrent attack. We recommended follow-up brain MRI after 6 to 8 months, but she did not visit our clinic thereafter.

Discussion

We describe a case with recurrent syncope possibly due to a neurogenic tumor in the parapharyngeal space. The brain MRI findings showed mild compression of the tumor to the left internal carotid artery at the cervical portion. This compression might increase the abnormal sensitivity of the carotid sinus responsible for recurrent syncope. The reflex arc of the carotid sinus is consisted of an afferent pathway from baroreceptors located in the bifurcation of the carotid artery. When arterial wall is stretched, the information is transmitted by the carotid sinus nerve, a branch of the glossopharyngeal nerve, to the caudal nucleus of the solitary tract, and then, interneurons activate the efferent pathways to activate the parasympathetic

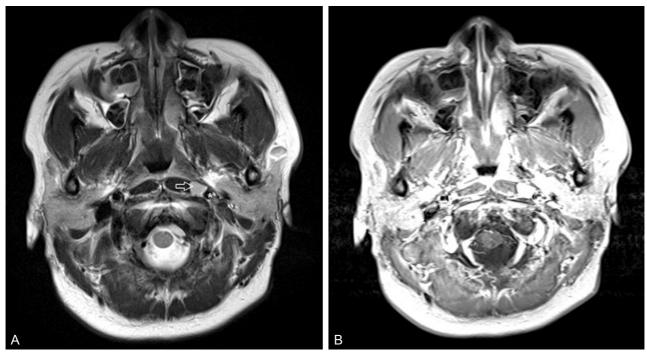


Figure 2. Follow-up magnetic resonance (MR) images, axial T2-weighted (A) and T1-weighted contrastenhanced (B), after 4 months show slightly reduced tumor size of 1.1 cm (open white arrow) and less compressing effect on left internal carotid artery (*) in the left parapharyngeal space.

and to inhibit the sympathetic systems. This causes lower blood pressure and heart rate. Overstimulation of this reflex caused by mechanical traction or invasion of the carotid sinus by a tumor, or caused by irritation of the glossopharyngeal nerve may produce symptoms.⁵

There are some reports about recurrent syncope with head and neck cancer tumors.³⁻⁷ The symptoms and signs of the syncope were severe and the prognosis was poor, but our case was benign. We assume that it may be related to the nature of the tumor. Most previous cases were malignant tumor, whereas, in our case, it was benign neurogenic tumor.

There are some limitations in our case. The trigger of recurrent syncope was not verified, because we did not carry out carotid massage or autonomic function test to check her cardiovagal function, i.e. head-up tilt study. However, the temporal relationship between her syncope and the change of tumor size suggests that this neurogenic tumor may be responsible for her recurrent syncope. The pathology of the tumor was not identified, because of difficulty of surgical approach

and its benign course.

Recurrent syncope as an initial symptom of the parapharyngeal space tumor is very rare, and may be difficult to diagnosis. High suspicion and close observation is important in case of recurrent syncope in young patients without past medical history. Comprehensive work-up may be helpful for etiological diagnosis.

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